



Basic exercises

考点全息 基础先行

全品 基础 小练习

主编：肖德好

Basic exercises

高考
英语

开明出版社

CONTENTS

【第一部分 3500 词夯基练】

第 1 天~第 20 天 变形词汇练 (460 个) + 构词法词汇 (114 个) + 高频短语运用 (190 个) + 高分句式 (117 个)

【第二部分 主题词汇练 + 主题语篇练】

人与自我

第 21 天	个人生活	041
第 22 天	学校生活	044
第 23 天	家庭、社区生活	047
第 24 天	健康的生活方式, 积极的生活态度	050
第 25 天	语言学习	053
第 26 天	优秀品行及生命价值	056
第 27 天	职业及未来规划	059

人与社会

第 28 天	人际关系与社会交往	062
第 29 天	公益事业及志愿服务	065
第 30 天	文学	068
第 31 天	艺术	071
第 32 天	影视与音乐	074
第 33 天	体育活动	077
第 34 天	文化习俗与节日	080
第 35 天	著名人物	083
第 36 天	历史与文化	086
第 37 天	科技发展	089
第 38 天	社会进步	092

人与自然

第 39 天	旅游与地理	095
第 40 天	自然灾害与防范	098

第 41 天	环境保护	101
第 42 天	宇宙探索	104

【第三部分 语法基础练 + 语法应用练】

第 43 天	动词的时态及语态(一)	107
第 44 天	动词的时态及语态(二)	109
第 45 天	非谓语动词(一)	111
第 46 天	非谓语动词(二)	113
第 47 天	定语从句	115
第 48 天	名词性从句	117
第 49 天	并列句与状语从句	119
第 50 天	特殊句式	121
第 51 天	名词 + 形容词 + 副词	123
第 52 天	冠词 + 代词 + 介词	125
第 53 天	语法填空专项练(一)	127
第 54 天	语法填空专项练(二)	129
第 55 天	写作提能增分练(一)	131
第 56 天	写作提能增分练(二)	133

【第四部分 题型组合限时练】

第 57 天	完形填空 + 阅读理解 + 阅读七选五 + 应用文写作(邀请信)	135
第 58 天	阅读理解 + 阅读七选五 + 语法填空 + 读后续写(个人成长)	138
第 59 天	完形填空 + 阅读理解 + 阅读七选五 + 应用文写作(建议信)	141
第 60 天	阅读理解 + 阅读七选五 + 语法填空 + 读后续写(亲情故事)	144
第 61 天	完形填空 + 阅读理解 + 阅读七选五 + 应用文写作(短文投稿)	147
第 62 天	阅读理解 + 阅读七选五 + 语法填空 + 读后续写(人与动物)	150
第 63 天	完形填空 + 阅读理解 + 阅读七选五 + 应用文写作(新闻报道)	153
第 64 天	阅读理解 + 阅读七选五 + 语法填空 + 读后续写(历险故事)	156
第 65 天	应用文写作(短文投稿) + 读后续写(环境保护)	159
第 66 天	应用文写作(介绍信) + 读后续写(人间真情)	160

■ 参考答案	161
--------------	-----

第1天 变形词汇练 + 构词法词汇 + 高频短语运用 + 高分句式 (时间:30 分钟)

❶ 变形词汇练

1. The problem with this approach to teaching English is that too much emphasis on short cuts in language learning tends to make students turn a blind eye to _____ (accumulate) during language acquisition.
2. I often participate in various after-school activities and volunteer work, which improves my _____ (able) to get along with others.
3. When I had a son, I was always worried that my _____ (absent) might have an impact on his future life and that I might miss all his milestones since I travelled a lot.
4. The Internet is the biggest source of information in the world, and it's _____ (access) through a computer.
5. Every care has been taken to ensure the _____ (accurate) of all information given in this leaflet.
6. Doing household chores helps me learn to be more independent and responsible, thus making me feel a sense of _____ (achieve).
7. Deeply _____ (absorb) in her new novel, the young writer kept thinking and writing for a dozen hours in her study.
8. The advertisement didn't make it clear whether the _____ (accommodate) was provided.
9. Chinese spacecraft *Tianwen 1* successfully landed on the Martian surface, marking a historic _____ (accomplish) in China's space development.
10. Walking out of the bathroom, he _____ (accidental) slipped on the watery ground and fell, injuring one of his ankles.
11. She moved to Chattanooga, where she

- spent the next several decades working as an _____ (account) and raising a family.
12. Advertising often functions as an indicator for what society considers to be socially _____ (accept) and desirable at the time.
 13. Katrina _____ (absolute) knew what these caring eyes were conveying, so she decided to keep a more optimistic state of mind.
 14. You have to be careful when you're walking through an old, _____ (abandon) house with floors.
 15. It is very important for English teachers to have a knowledge of the theories of language _____ (acquire).
 16. A TV _____ (adapt) of the book, starring two famous actors, was a huge hit when broadcast in 2013.
 17. Generally speaking, the generation gap is _____ (actual) a technology gap, where children update themselves on the latest technology while parents drop behind.
 18. For the Lansing family, the _____ (adopt) is about giving every child the opportunity to grow healthily in a loving home.
 19. He grew hopelessly _____ (addict) to chatting online, to such an extent that he almost neglected anything else.
 20. A good student should always reflect on his learning strategies and make an _____ (adjust) when necessary.
 21. The survey shows family breakdown can lead to _____ (normal) behaviours in children over time.
 22. I am always _____ (attend) in all classes and think actively, so that I can have more free time to do other things that I'm interested in after school.

II 构词法词汇

前缀 over-表示“在上面”、“过度”等

猜测词义:写出画线部分的汉语意思。

1. It is normal for teenagers to be slightly overweight and there is no reason why they should be worried. ()
2. Overfishing is another problem. Whales and dolphins are also hunted for their meat or for so-called research. ()
3. Training too much can be bad for your health, so make sure you do not overdo it. ()
4. Surely, he could simply overtake Esteban and come third. ()
5. Everyone knows that success rarely happens overnight, but perhaps not many know that a lot of highly successful writers have previously faced rejection. ()

III 高频短语运用

1. _____ (最后) when he arrived in Rome, he felt he had achieved his goal.
2. The hard-working peasants and their happy life we saw in the countryside _____ (给……留下好印象) us.
3. I find it hard to _____ (集中精力于) my study with some people chatting around me.
4. She has asked to be _____ (不打扰, 不惊动) but the press photographers follow her everywhere.
5. Every vacation I would _____ (盼望, 期待) two things—seeing my grandpa and hearing his wonderful stories.
6. You should _____ (记笔记) in class, which will help you revise what you have learned.
7. If you _____ (对……好奇) butterflies, you can refer to the encyclopedia I recommend.

8. He had rather unconventional work habits, _____ (更喜欢) work through the night.
9. To their credit, some volunteers in our community _____ (打扫干净) the central park last weekend.
10. She considers herself _____ (对……适合的) the job because she speaks English fluently.

IV 高分句式

1. 形容词作状语

_____, I headed towards the door, hoping to see what was happening.
我既好奇又紧张,向门口走去,想看看发生了什么。

2. 宾语从句

When I thought about _____ when I grew up, I figured I'd be a librarian.
当我思考长大后我想成为什么样的人时,我想我会成为一名图书管理员。

3. 过去分词短语作状语

Completely _____, he almost ran into the car in front of him.
他完全陷入了沉思,差点儿撞上前面的汽车。

4. 同位语从句

Jane eventually accepted _____ she would have to get around in a wheelchair.
简最终接受了这样一个事实:她将不得不坐在轮椅上四处走动。

5. every time 引导状语从句

_____ and turn to him for help, he will do everything in his power to help me out.
每次我遇到麻烦并向他寻求帮助时,他都会尽其所能帮助我。

6. 现在分词作状语

_____, I decided to apologize to him.
意识到这是我自己的错,我决定向他道歉。

❶ 变形词汇练

1. Not only did the students enjoy the Dubbing Talent Show held three weeks ago, but also the teachers had great _____ (admire) for the contestants' marvellous performance.
2. With parents attaching importance to art education, the museum has decided to provide free _____ (admit) for all the students in the city.
3. Information technology is so _____ (advance) nowadays that a simple click can take you to every corner of the world.
4. I saw your _____ (advertise) for the post of personal assistant on your website and I would like to apply for the position.
5. Most middle schools prefer to buy _____ (adjust) desks, so they can change to suit students' growing height.
6. It's strange that some fundamental professions in our society rarely receive the respect or _____ (acknowledge) they deserve.
7. Working out in the morning provides _____ (addition) benefits beyond being physically fit.
8. Keeping healthy, with easy access to _____ (afford) medical care, is still a dream for many people, with medicine price rising sharply.
9. It was the first occasion when they had both found it possible to reach an _____ (agree).
10. It's reported that many couples in this country _____ (age) from 30 to 35

think it challenging to give birth to a second child.

11. I confronted him with an _____ (aggression) tone, demanding immediate answers and refusing to back down.
12. On his birthday, Jack used his _____ (allow) to treat his two best friends to a meal after he received their surprise gifts.
13. To my _____ (amaze), she was good at physics despite the fact that she found it boring.
14. The _____ expression on her face suggested she was _____ when she heard the _____ news. (amaze)
15. In ancient times, the important _____ (agriculture) festival often took place after all the crops have been gathered.
16. The beauty of a woman doesn't lie in her _____ (appear), but the true beauty of a woman is reflected in her soul.
17. When asked how to be a good manager in the interview, the _____ (apply) described his good personal characteristics as the necessity to manage a group and get a job well done.
18. On the way home, Lucy made up her mind to make an _____ (apologize) to her mother for her rudeness as soon as she arrived home.
19. I was very _____ (anger) to find that the cinema was not accessible to the elderly or people in wheelchairs.
20. Rudolph just stood there, saying nothing. _____ (apparent) he was a man of few words.

II 构词法词汇

a-表示“处于……状况”、“以……方式”、“加强”等。

de-表示“取消”、“去掉”、“除掉”、“……的反义”等。

1. 单句填空

(1) A cup of coffee kept me _____ (wake) all night, so I had to listen to some music to kill time.

(2) Not until two days after the earthquake did she find her mother _____ (live), which made her overjoyed.

(3) He was so exhausted that he fell _____ (sleep) at his desk.

(4) We keep them informed of any changes as they _____ (rise).

(5) They suddenly became _____ (ware) of people looking at them.

2. 猜测词义: 写出画线部分的汉语意思。

(1) Women's artistic creativity has long been devalued throughout history. ()

(2) Make sure you defrost the chicken completely before cooking. ()

(3) A dishonest action like that will degrade you. ()

III 高频短语运用

1. My adviser recommended that I should _____ [报名(参加课程)] advanced literature because I like English and I'm good at it.

2. I know I'll have to study harder as a senior high school student and get used to _____ (对……负责) a lot more.

3. It is not unusual for teenagers of your generation to _____ (喜爱) computer games and the online world.

4. Kate has been invited to a meeting in Iceland. She will _____ (申请) a visa soon.

5. Spain _____ (控制) Peru in the 16th century and ruled until 1821.

6. I became so nervous that I could not hear anything _____ (除了) my heart beating heavily.

7. As we all know, the grammar and vocabulary which people from many different countries brought to Britain _____ (构成, 组成) the English language.

8. After describing the dog to her _____ (详细地), she immediately wanted to come over.

IV 高分句式

1. 表语从句

We have much difficulty in adapting to the new environment. _____ Tom will come to our assistance.

我们很难适应新环境。这就是汤姆将会来帮助我们的原因。

2. 主语从句

_____ was how she made such rapid progress in such a limited time.

让我最不解的是,她是如何在这么有限的时间里进步这么快的。

3. 定语从句

To his delight, he had saved 10 dollars, _____ his mother a birthday present.

令他高兴的是,他已经攒了10美元,用这笔钱他可以给他妈妈买个生日礼物。

4. 过去分词作定语

Young people _____ can't imagine the bitter life in the old days. 在新社会长大的年轻人无法想象过去的悲苦生活。

5. on + v. -ing 作状语

_____, she burst into tears and almost broke down. (on)

一听到儿子失踪的消息,她大哭起来,几乎崩溃。

6. with 复合结构

_____, he took out a book and began to read.

小婴儿正在他的怀中熟睡,他拿出一本书开始读起来。

主题词汇练

❶ 词形转换

1. Mark is a _____ (caution) shopper who always does some careful research on the market before he buys something valuable.
2. The new house was decorated with beautiful furniture, which looked very modern and _____ (fashion).
3. The work was complicated because it demanded boundless energy and endless _____ (imagine).
4. My cousin gave me a _____ (determine) look—the kind that said she would not change her mind.
5. We need to find more _____ (create) ways to discipline our students and to maintain control in the classroom.
6. With days going by, our passion drove her forward and she was willing to embrace us _____ (enthusiastic).
7. Rachel couldn't help admiring the _____ (elegant) of the china figures and vases.
8. With _____ (confident), I was firmly convinced that I could get a satisfying score in the next assignment.
9. I felt so _____ (embarrass) that I couldn't do anything but sit there, keeping my body unmoved and holding back my tears.
10. He suffers from back trouble too, so he was very _____ (sympathy) to my problem.

❷ 动词专练

1. Previous generations concentrated on getting children to school on time, fed, _____ (dress) and ready to learn.
2. The boy threw himself into his mother's arms while she _____ (weep) for joy.

3. So far, researchers _____ (find) that there is a direct link between salty foods and high blood pressure.
4. Although he made a serious mistake in his work, he was lucky to escape _____ (fire) by his boss.
5. The lecture mainly deals with the trouble young children have _____ (distinguish) right from wrong.
6. The key to our success is having the courage _____ (take) on any job and then being creative in our approach to getting it done.
7. As _____ (schedule), I went to the airport to pick up the distinguished foreign guests and helped them check in at the hotel.
8. I hope everyone in our society will get rid of discrimination and take action immediately _____ (care) about disabled people.

❸ 一词多义专练

写出下列句子中黑体部分的汉语意思

1. settle
(1) We've moved all over the country, but I'd like to **settle** here now. _____
(2) The disagreement was so sharp that neither he nor I knew how to **settle** it. _____
2. superior
(1) He was valued by both his peers and his **superiors**. _____
(2) A few years ago it was impossible to find **superior** quality coffee in local shops. _____
3. remove
(1) She has been **removed** from her position as director. _____
(2) As soon as the cake is done, **remove** it from the oven. _____

Ⅶ 阅读理解

If you've ever emerged from the shower or returned from your walk with a clever idea or a solution to a problem you had been struggling with, it may not be a surprise. Rather than constantly concentrating on a problem, research from the last 15 years suggests that people may be more likely to have creative breakthroughs when they're doing a habitual task that doesn't require much thought.

"People always get surprised when they realize they get interesting, novel ideas at unexpected times," says Kalina Christoff, a scientist at the University of British Columbia in Vancouver. "Because our culture tells us that we should do it through hard work."

Now researchers begin to understand why these clever thoughts occur during more passive activities and what's happening in the brain. They have found that the key is a series of brain activities—within what's called the default mode (DM) network—that occur while an individual is resting or performing habitual tasks that don't require much attention.

"Simply put, it is a state that your brain returns to when you're relaxed," explains Christoff. "By contrast, when you're working on a demanding task, the brain's executive control (EC) systems keep your thinking focused, analytical, and logical."

Researchers find that the DM network is also involved in the early stages of idea generation, drawing ideas from past experiences and knowledge about the world. When your mind wanders, you're allowing thoughts to playfully cross your mind, which helps you combine information and ideas in new ways and something clicks.

"A cautionary note: while the DM network plays a key role in the creative process, it is the EC systems that help you to evaluate the creative ideas and apply them effectively to your problems in the real world," Christoff says. "So it's unwise to place blind faith in the discovery that creative ideas can be generated in the shower or during any other kinds of mind wandering. Instead, you have to do the work to set the groundwork for creative ideas to emerge in the first place."

() 1. What is the most unlikely function of the EC systems?

- A. To start your thinking process.
- B. To help you analyse.
- C. To let you get novel ideas.
- D. To keep you focused.

() 2. What do the underlined words "something clicks" in Paragraph 5 probably mean?

- A. A clever idea occurs.
- B. Something drops down.
- C. A memory disappears.
- D. A funny thought happens.

() 3. What is Kalina Christoff's attitude to the culture of hard work?

- A. Disapproving.
- B. Positive.
- C. Doubtful.
- D. Unconcerned.

() 4. Which statement might the author agree with?

- A. Practice makes perfect.
- B. Where there is a will, there is a way.
- C. Everything comes to him who waits.
- D. All work and no break makes Jack a dull boy.

Ⅶ 阅读七选五

Do you like cilantro(香菜)? Cilantro is a common food that people tend to either adore or abuse. 1. _____ But the reasons behind what you like and don't like are not always so straightforward.

2. _____ Your sense of smell allows you to distinguish between something like strawberry and cherry. Scientists looked at olfactory receptors and discovered that individuals with a certain gene, OR6A2, are more sensitive to smelling cilantro. That, in turn, affects how people sense its flavour.

3. _____ When you're open to these foods, you learn to like what you eat. Even people who hate cilantro may be able to learn to at least tolerate it, if not like it.

Culture plays a big role in what you like, too. Food preferences vary across cultures. When it comes to food preferences in different parts of the world, it has a lot to do with what's available and considered a food staple(主食).

4. _____ But there will always be exceptions—a Greek person who can't stand olives or a Dutch person who hates cheese.

While preferences can be formed after a few attempts, negative experiences with foods, especially when you're young, can have a lasting effect. 5. _____ Jasmine Robinson, 29, from Athens, shared her story about olives. When she was young, another child, who wouldn't let her have a turn on a swing, made fun of her while eating olives from a jar and being mean. She later tried olives as an adult but failed.

- A. We like sweetness and hate bitterness.
- B. Love it or hate it is pretty clear.
- C. But your biology is not everything.

D. It is related to familiarity and not biology.

E. Your preference can come down to genetics.

F. Associations can make you like or not like something.

G. Just one bad experience can turn you off something for life.

Ⅷ 语法填空

In every photo of our family vacation to Washington, D. C., I was showing off the souvenir I picked out at the Smithsonian's National Zoo—a white, oversize, cotton sweatshirt with pandas 1. _____ (dance) on the front.

Nearly 30 years later I found myself among 2. _____ pool of photojournalists and video crews who packed into the panda enclosure(围场), covering a small cub(幼兽) named Bei Bei for *National Geographic*.

After the photographs of Bei Bei 3. _____ (publish), my editor suggested I ask zoo administrators if I could return periodically 4. _____ (document) the first year of the cub's life. They said yes.

On that first day with Bei Bei, I felt a little thrill as a zoo staffer took me down a quiet path to the back of the panda enclosure 5. _____ the panda's keepers were waiting. They introduced 6. _____ (they), handed me shoe coverings and a mask, and led me through a series of gates and 7. _____ (eventual) to Bei Bei.

Soon I was making regular 8. _____ (stop) at the zoo to record the baby panda's transformation. My kids had never been 9. _____ (interested) in my job than when I was on the Bei Bei beat. When I mentioned the project 10. _____ friends and neighbours, they would light up in ways I'd never seen. It turned out that everyone loved pandas.

主题词汇练

① 词形转换

- Timely _____ (encourage) from a teacher is really of great significance to his/her students.
- Every student, no matter how _____ (talent) or hard-working, will come across difficulties in his or her study.
- At the _____ (graduate) ceremony, just as she expected, she was very proud to stand with a class of care, manners and confidence.
- My _____ (explain) seemed to make things worse, which started to drive me mad as well.
- After a careful _____ (analyse), the team believe that they can find the best solution as soon as possible.
- We shouldn't get discouraged right after failure. On the contrary, we should keep trying with _____ (enthusiastic).
- Please excuse my _____ (absent) from class today, because I got a bad cold yesterday evening and didn't sleep well at night.
- I woke up early and rushed out of the door in my _____ (eager) to get to know my new school.
- Firstly, as a student, the most important thing is to study, so it is necessary for all of you to build an _____ (effect) method in your study.
- It was my English teacher's _____ (inspire) that resulted in my slow but steady progress.

② 动词专练

- When my English teacher stepped into the classroom, I was surprised to see the same man I _____ (meet) earlier.

- I _____ (absorb) in my wild thought, wondering whether he was also a tender teacher.
- I _____ (organize) my words in my head when the girl next to me gave me a nudge. "It's your turn!"
- It is those who _____ (involve) in the matter that should answer for it, so don't be worried.
- It's a fantastic opportunity for new students _____ (get) to know the school and the other students.
- _____ (spend) the past year as an exchange student in Hong Kong, Linda appears more mature than those of her age.
- There is no greater pleasure than _____ (lie) on my back in the middle of the grassland, staring at the night sky.
- Owing to the fact that he can do whatever he has chosen to do with great perseverance, he _____ (make) great accomplishments in many fields up to now.

③ 一词多义专练

写出下列句子中黑体部分的汉语意思

- charge
 - He was **charged** with murder, which surprised us all. _____
 - The hotel **charges** thirty-five dollars a day for this room. _____
 - The shaver can be **charged** up and used when you are travelling. _____
- content
 - She is reluctant to discuss the **content** of the play. _____
 - There is a table of **contents** at the front of a dictionary. _____
 - He wisely **contented** himself with his family and his love of his school. _____

Ⅶ 阅读七选五

University life is full of fun and experiences. But to make learning much more enjoyable, you should follow certain steps that will help you out in keeping your stress levels down and having the most of the fun in the university.

Always get involved in the events. Doing something every day is very important not only in the university life but also in the practical life. 1. _____ Be active and smart. Join the societies, which will help you develop personality and increase your confidence.

Always show up. Showing people that you are there with them and always will be. Offer help to everybody. In this way more people will know you and you will be able to wipe off your fear of social interaction. 2. _____

Make as many friends as possible. Don't restrict yourself in making friends; it will help increase your knowledge. You will learn a lot about different cultures and this will help you with your practical life too. By communicating with different people you'll learn different interesting aspects of their lives.

3. _____ If you keep thinking all the time about future, you will end up being depressed. You start losing your focus and begin to worry about less important things. 4. _____ Release your stress and be present-focused. It will greatly help you in accomplishing your goals and achieving happiness.

Keep a balance. 5. _____ Being extreme in one field might bring astonishing results, but this will affect other aspects of your life. Keep a balance between short-term goals and long-term benefits. This will help you in achieving a perfect and enjoyable life.

- A. Be present-focused.
B. Do not waste time doing nothing.
C. Just relax and stop thinking about the future.
D. Never move towards the extreme and try living an average life.

- E. Some students may like to have many friends and enjoy a party lifestyle.
F. Nobody cares if you miss class, don't eat properly, nor don't go to a party.
G. The more people you know, the easier it will be for you to walk around without being shy.

Ⅷ 语法填空

Primary schools now attach great importance to labour education, advocating students doing activities such as cooking, making handicrafts 1. _____ decorating houses.

Xue Youmei, a Grade 3 student, spent the winter holiday in Guangxi. Everything about village life was novel to Xue who was used 2. _____ urban life. Xue joined her family to work at a farm field planted with Chinese water chestnuts. Xue, 3. _____ (wear) a pair of gloves, helped her father pick up water chestnuts at the field.

For Yang Liqiao, a Grade 6 student, the past winter holiday gave her 4. _____ new identity—garbage sorting guide. Yang wore a volunteer's vest and recorded the situation of the garbage sorting work in her residential community. 5. _____ (additional), Yang also invited her classmates to walk around the park nearby to pick up garbage on the ground. Yang's father observed labour activities offered students a chance 6. _____ (acquire) knowledge, which was not taught at class.

At the same time, some schools in China also assigned specialized homework during the winter vacation to let students enjoy play-based learning. Some students 7. _____ (ask) to cooperate with parents to decorate their homes with New Year 8. _____ (painting). The task aimed to develop students' 9. _____ (innovation) thinking. And some were required to collect physics-related Chinese poems, make an 10. _____ (analyse) and draw a conclusion.

第 43 天 动词的时态及语态(一) (时间:30 分钟)

语法基础练

① 单句填空

【基础题】

- Whenever Lily _____ (buy) a present, she will think about it from the receiver's point of view.
- One day my mother and I were out having a girls' day, and we _____ (decide) to go to a seafood restaurant.
- In the past decades, geologists _____ (come) closer than ever to calculating the age of the earth.
- Looking for him thoroughly once again, she confirmed that the stranger _____ (leave), without saying goodbye.
- Highways across China _____ (report) to be free of charge for 20 days during holidays in 2015.
- My luxury car _____ (repair) in the garage this week, so I have to travel to and from work by bus.
- Silk _____ (become) one of the primary goods traded along the Silk Road by about 100 BC.
- I ordered a coffee and some dessert in a nice cafeteria while I _____ (wait) for my friends to come.
- It's fun for amateurs to try, but to become good at it, not only years of practice but also natural talent _____ (need).

【易错题】

- I was sent to the village last month to see how the development plan _____ (carry) out in the past two years.
- I was simply attempting to follow the advice my mother _____ (give) me years before; when things get awkward, smile.
- Some modern teaching equipment as well as hundreds of computers _____ (send) to ten Hope Schools in South China a

few years ago.

13. A rescue worker risked his life to save two tourists who _____ (trap) in the mountains for two days.

14. Susan had quit her well-paid job and _____ (work) as a volunteer in the neighbourhood when I visited her last year.

② 单句写作

1. 迈克配得上这个奖项,因为他非凡的教学能力已经极大地增强了我们表达自己的信心。(应用文写作之颁奖词)

Mike is worthy of this award, because his exceptional teaching ability _____ in expressing ourselves.

2. 给我们留下深刻印象的是好吃的当地食物和为我们准备好的舒适住处。(话题写作之旅行)

_____ were the delicious local food and the comfortable accommodation well prepared for us.

3. 你安排的活动不仅让我们每个人参与到学习中,而且建立了我们之间的文化桥梁,我们对此非常感激。(应用文写作之感谢信)

The activities you arranged not only got every one of us involved in learning, but built a cultural bridge between us, _____.

4. 在过去的三年里,我们学校成功举办了三次英语戏剧比赛,每次都受到了广泛欢迎和所有师生的喜爱。(应用文写作之介绍信)

In the past three years, _____, each of which is widely welcomed and appreciated by all the teachers and students.

5. 这让我意识到,当我们向那些需要我们帮助的人伸出援手时,世界将会是一个更好的居住场所。(读后续写之个人感悟)

It makes me realize that when we give a helping hand to those who need our assistance, the world _____.

III 语法填空

Eating Chinese food can be beneficial to your health. Chinese dishes are often packed with vegetables, lean proteins, and healthy grains like rice and noodles, which 1. _____ (make) them a great source of vitamins, nutrients, and other essential 2. _____ (mineral).

Chinese food is also 3. _____ (relative) inexpensive, making it a great option for eaters. Many dishes can be easily customized to meet dietary restrictions or preferences, and takeout options make it easy 4. _____ (enjoy) a delicious meal without spending much time in the kitchen.

Chinese food is often thought of as a single type of cuisine, 5. _____ there are actually many different regional variations. Cantonese cuisine 6. _____ (characterize) by light and flavourful dishes that often contain seafood while Szechuan dishes are known 7. _____ their spicy (辛辣的) flavourings. Hunan cuisine is typically 8. _____ (heavy) than others, incorporating ingredients like chilies and garlic.

In conclusion, eating Chinese food can be a nutritious and economic way to get a variety of flavours and textures on your plate. With a little bit of research and knowledge, you can enjoy all the delicious flavours of Chinese cuisine in 9. _____ healthy and safe way. So don't be afraid to explore the world of Chinese food and discover all the 10. _____ (wonder) tastes it has to offer!

IV 应用文语段填空

How is everything going? It's my great privilege to record a short video about my campus life for your classmates. I'm writing to tell you 1. _____ (将包括什么内容) in the video.

In the first place, as a student, 2. _____ (上不同的课是我的每日常规), so I would like to record a scene focusing on one of my Chinese classes to show my academic life and Chinese culture. In addition, 3. _____ (每天都进行各种课外活动) in my school and therefore showing my after-school activities is also in my plan, from which your classmates can learn the diversity of Chinese high school life.

I wish such a video could live up to your expectations. 4. _____ (如果有需要改进的地方), please don't hesitate to tell me.

V 读后续写语段填空

Sebastian stuffed a bag with water bottles and 1. _____ (和他爸爸一起上车). After they had arrived at the library, Sebastian nervously approached the roofers and offered the water. 2. _____ (一个男人从梯子上下来) and held the bag open for the others to see, signaling them to come into the shade for a water break. The roofers looked surprised but grateful. As they passed around the bottles and opened them, one crew member asked, "How do you guys know we 3. _____ (水已经用完了)?"

"It was all his idea," Dad smiled, nodding at Sebastian. Sebastian didn't know how to respond. But the crew's smiles said it all. Having finished their water, the roofers 4. _____ (把空瓶子放回袋子里). They thanked Sebastian and his dad again and waved them goodbye as they drove away. Arriving home, Dad praised Sebastian for his kindheartedness. 5. _____ (一个简单的行为让塞巴斯蒂安感觉很好). He tossed the empties into the recycling bin. Then he poured two big glasses of cold water, one for himself and one for his dad.

语法基础练

I 单句填空

【基础题】

- [2023·浙江1月考] In the Ming Dynasty, the centre was the Forbidden City, surrounded in concentric(同心的) circles by the Inner City and Outer City. Citizens of higher social classes _____ (permit) to live closer to the centre of the circles.
- [2023·新高考全国II卷] As a little girl, I _____ (wish) to be a zookeeper when I grew up.
- Now preparations _____ (make) for the sports meet to be held tomorrow, so I can't spare time to go shopping with you.
- An exhibition with 885 cultural relics to be displayed _____ (hold) at the Meridian Gate Gallery.
- Books themselves may _____ (use) symbolically in paintings to demonstrate the intellect, wealth or faith of the subject.
- The news came as no surprise to me. I _____ (know) for some time that the factory was going to shut down.
- Lately, all of us _____ (see) Chinese people on TV in far-off places in the world, helping other countries to develop.
- When I _____ (choose) to take part in the sport, I felt very surprised because I had never done this before.
- I _____ (dream) of studying in Beijing Foreign Studies University since childhood, which is the best university to learn foreign languages in China.
- Look, the new bridge _____ (build) over there! It will be open to traffic soon.
- The city _____ (recognize) as the musical capital of Europe

since the 16th century, home to the likes of Mozart and Beethoven.

- When Andrew finally reached the man he and his son _____ (seek) for about two hours, a relieved smile rippled round his lips.
- Jenny is becoming slimmer and slimmer. —It is said that she hired a fitness instructor last year and _____ (work) out since.
- It is almost five years since Jimmy taught high school students and he _____ (serve) as an interpreter in a foreign enterprise now.

【易错题】

- According to the schedule, the flight to Beijing _____ (leave) at 10:30 am, so we'd better set out right now, or we'll be late.
- After school, we went to the reading room to do some reading, only to find that it _____ (decorate) at that time.
- Life teaches us not to regret over yesterday, for it _____ (pass) and is beyond our control.
- I am sorry that I cannot meet you at the airport. I _____ (leave) Tianjin by the time you come back from abroad.

II 单句写作

- 我正高兴地坐在书房里看报纸,突然有那么多水从上面流了出来。(读后续写之场景描写)
I _____ happily reading my newspapers, when suddenly so much water came from above.
- 妈妈做饭的时候,我把四岁的妹妹雪莉拉进客厅,指着神秘的礼物。(读后续写之动作描写)
While Mama cooked dinner, I _____ and pointed to the mystery gift.

3. 在过去的 11 年里, 我的兴趣一直激发着我学习英语的热情, 致使我获得了语法用法的基本知识和一些写作技能。(话题写作之语言学习)

During the past 11 years, _____

_____, as a result of which I've acquired a basic knowledge of grammatical usage and some writing skills. (fail, spark)

4. 所有作品都是学生自己设计的, 他们一直准

备了很长时间。(应用文写作之推荐信)

All the works are designed by students themselves, _____.

5. 垃圾分类不仅可以有效地解决污染问题, 而且更多的能源将会被节省。(应用文写作之倡议书)

Not only can garbage classification cope with pollution issue effectively but also _____.

语法应用练

Ⅲ 语法填空

Dough (面团) sculpture, also known as dough figurine, 1. _____ (date) back to the Han Dynasty (202 BC—220 AD). Across north China 2. _____ the folk art is widely spread, people take dough works as religious offerings and wedding gifts.

"The dough is made of wheat starch (淀粉), glutinous rice flour and honey," said Liu Zenghui, a dough sculpture inheritor in Binzhou, Shandong Province. Liu started to learn dough sculpture at an early age. His works centre on 3. _____ (hero) of ancient Chinese myths and classics. Each figure, 4. _____ their shape, hair to the muscles and looks, is so vivid and eye-catching.

Watching Liu work is 5. _____ visual delight. After he first shapes the colourful dough into a simple outline, it 6. _____ (attach) to a small stick. With a knife, thread, and toothpicks, he then refines it and eventually creates a lifelike and visually 7. _____ (strike) dough sculpture. "You can't be too careful to control the knife, because once there is a wrong cut, you need to start all over again. Concentration is fundamental," Liu said in his quiet workshop, which ensures minimal noise and 8. _____ (disturb).

Also, Liu is glad to be invited 9. _____ (give) lectures at schools. "Making the traditional art 10. _____ (access) to

children means not only fun but a way to keep it alive," he said.

Ⅳ 应用文语段填空

Learning that 1. _____ (你被授予一等奖) in the poster design competition held in your city, with the theme "Protecting the World's Wildlife", 2. _____ (我写信向你表示祝贺).

I think it is a prize that you deserve. First of all, 3. _____ (你有艺术天赋). Secondly, your rich imagination is one of the advantages over other competitors. Furthermore, 4. _____ (你一直对野生动物感兴趣) from an early age, which makes your work stand out among the posters.

Ⅴ 读后续写语段填空

The evening of the fifth day, when Ann arrived home from work, the dog threw itself against the door and 1. _____ (对她狂吠). As soon as she opened the door, Riley dashed into the boys' room where 2. _____ (安发现托马斯心脏病发作). Riley ran over to Thomas, but as soon as Ann bent over to help him, 3. _____ (狗沉默了).

The doctor said if it hadn't come to get his mother in time, 4. _____ (托马斯早就死了). Luckily, with the doctor's help, Thomas could go home tomorrow morning.

第 57 天 完形填空 + 阅读理解 + 阅读七选五 +
应用文写作 (邀请信) (时间:40 分钟)

❶ 完形填空

On Monday morning around 9:30 am, 28-year-old Ben Delahunty's hiking partner put in a call to report that his friend was 1 under a large stone in the area of Lake Viviane in Washington.

He said his friend's wrist was stuck by the stone and that it was also 2 his legs, but that they were not able to immediately move the boulder as it was 3 the size of a refrigerator. The hiker initially felt really 4 on the large stone—but all of a sudden it started to 5 and he ended up underneath it.

The rescue proved 6 for officials. They were nearly on a cliff (悬崖) side and the stone was also being held in place by a tree. The scene presented a unique challenge of getting 7 capable of moving the stone as well as rescuers on the scene 8.

The State Emergency Management requested a helicopter to help. Additionally, local fire departments were also 9. The crews immediately found this rescue had more challenges. The officials needed ropes to safely 10 the hiker's location as there was a risk of falling while 11 the stone.

However, due to challenging 12 conditions, including heavy winds, the first attempt to lift him into the helicopter was 13. At 4:45 pm there was enough of a 14 in the weather to allow them to attempt another

operation. 15, they were successful and transported Mr Delahunty to the hospital.

- ()1. A. trapped B. discovered
C. hurt D. murdered
- ()2. A. underneath B. beyond
C. across D. behind
- ()3. A. completely B. approximately
C. exactly D. merely
- ()4. A. natural B. stable
C. dangerous D. comfortable
- ()5. A. disappear B. float
C. crash D. slide
- ()6. A. stubborn B. regular
C. tough D. impossible
- ()7. A. wind B. rope
C. partner D. equipment
- ()8. A. in total B. in time
C. in order D. in public
- ()9. A. contacted B. refused
C. awarded D. rewarded
- ()10. A. record B. access
C. observe D. check
- ()11. A. dealing with B. leaving behind
C. packing up D. blowing away
- ()12. A. land B. living
C. health D. weather
- ()13. A. meaningful B. remarkable
C. unsuccessful D. promising
- ()14. A. break B. hit
C. sign D. delay
- ()15. A. Usually B. Instantly
C. Finally D. Surprisingly

II 阅读理解

Levon Biss was looking at insects from his garden through a microscope he bought for his son. For fun, they unintentionally placed an insect under the lens (镜片). “It is amazingly beautiful!” they both screamed.

The father had been making a career taking photographs for advertisements. But that experience gave him a new direction. Around the world, insect populations are in decline because of habitat loss and climate change. Biss thought that if people could see what he saw through his son’s microscope, they would care more about protecting insects.

So Biss turned to macrophotography: taking close-up pictures of small things, like flowers or bugs. His work has attracted attention not just for its unusual beauty. It also raises awareness of the need for conservation.

In 2016, Biss showed his first insect project, Microsculpture. The term refers to the features of an insect’s exoskeleton, or outer shell, which develops over time as the bug adapts to its environment.

Biss’ pictures capture the insects in all their microscopic details. Then he blows up the images until the insects become larger than life, some of them eight feet tall. But each image takes weeks to make. He uses a digital camera with a microscope lens. The camera is fixed on a computerized track, which allows Biss to take a shot, then move the camera by seven microns (微米)—a distance equals to about 1/10 the thickness of a human hair—for the next shot. In the end, Biss might take 10,000 shots of a bug. A computer combines these small pictures into a single image.

Biss’ latest exhibition is Extinct and Endangered at the American Museum of Natural History. He selected bugs that were extinct or endangered, hoping his photographs would serve as a better purpose. “I communicate visually,” he says. “The way I work is through pictures. But I think it’s my duty to shake things up and get people to pay attention.”

()1. What made Levon Biss turn to macrophotography?

- A. Beautiful insects.
- B. Attractive environment.
- C. An expensive microscope.
- D. An accidental observation.

()2. How does Levon Biss manage to capture insects’ microscopic details?

- A. By taking a shot at them twice.
- B. By adjusting the camera on a track.
- C. By taking close-up pictures countless times.
- D. By putting them in order on a computer.

()3. What does the underlined phrase “shake things up” refer to in the last paragraph?

- A. Get rid of the prejudice.
- B. Take action to save wildlife.
- C. Spare no effort to face difficulties.
- D. Make people think about nature differently.

()4. Which of the following best describes Levon Biss?

- A. Patient and responsible.
- B. Wealthy and ambitious.
- C. Polite and strong-willed.
- D. Curious and easy-going.

● 阅读七选五

Too much stuff, too much to do, too much stress... These are weighing people down and breaking their spirit. 1. _____ Here are several things to help you get started.

The first step is to sort out your possessions. To live a simple life, you need a simple living space. So take some time to tidy your living area. Focus on keeping things that you value deeply and throw away things that you don't need any longer. 2. _____ Finally, you will be shocked to see how few possessions you actually use in your daily life.

3. _____ As humans we tend to think what we are used to as naturally right. However, there could be problems in the million little things that bother us as we go about our day. The best skill you can develop in your life is the ability to take a step back and look at things objectively by raising doubts about what is seemingly the way it is supposed to be.

We should always stay mindful and live with intention. If there is something in your life that you don't love, change it! Cut out the things that aren't serving you. You can write down what an ideal day would look like for you in five years' time. Then outline what things you want more in your life and what things you want less. 4. _____

Managing your time wisely counts. 5. _____ Instead, take some time to think about whether it's something that you are excited about attending. Be intentional with how you spend your time and take control of

what you do. This is how you can guarantee yourself a flexible schedule and do everything in an unhurried way.

- A. Minimalists live intentionally.
- B. Complete the process in several sweeps.
- C. Don't reply "yes" to everything you're invited to.
- D. With that in hand, you have a goal to work towards.
- E. From time to time you need to question about your lifestyle.
- F. That's why there is a growing interest in the minimalist lifestyle.
- G. Having a flexible schedule depends on you taking control of things.

● 应用文写作 (邀请信)

假定你是李华,本周六你班将组织一次乡村旅游活动。请你就此事给外教 Mr Smith 写一封邮件,内容包括:

- 1. 发出邀请;
- 2. 活动内容;
- 3. 期待回复。

注意:1. 写作词数应为 80 个左右;

2. 可以适当增加细节,以使行文连贯。

Dear Mr Smith,

Yours sincerely,

Li Hua